## Allergy Content

| Red <br> Dishes | Celery | Cereals containing Gluten** | Crustaceans | Fish | Eggs | Milk | Mollusc | Mustard | Nuts* | Peanuts | Sesame Seeds | Soya | Sulphur <br> Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mac and Cheese |  | Yes |  |  | Yes | Yes |  |  | May contain | May contain |  |  |  |
| BBQ Chicken Fillet | Yes | Yes |  |  |  |  |  |  | May contain | May contain |  | Yes |  |
| Roast Chicken |  |  |  |  |  |  |  |  | May contain | May contain |  |  |  |
| Battered Fish finger |  | Yes |  | Yes |  | Yes |  | Yes | May contain | May contain |  |  |  |
| Beef Burger | Yes | Yes |  |  |  |  |  |  | May contain | May contain | May contain | Yes | Yes |
| Cheese Pizza |  | Yes |  |  |  | Yes |  |  | May contain | May contain |  |  |  |
| Sausage Roll |  | Yes |  |  | Yes |  |  |  | May contain | May contain |  |  |  |
| Halal Beef Lasagne | Yes | Yes |  |  | Yes | Yes |  |  | May contain | May contain |  |  |  |
| Butter Chicken Curry |  | Yes |  |  |  | Yes |  |  | May contain | May contain |  |  |  |
| Halal Chicken Nugget | Yes | Yes |  |  | Yes | Yes |  |  | May contain | May contain |  |  |  |

Please note that although a dish might not contain an allergen it may still be present as our kitchen handles all allergens

## Meal Allergy Content

| Green Dishes | Celery | Cereals containing Gluten** | Crustaceans | Fish | Eggs | Milk | Mollusc | Mustard | Nuts* | Peanuts | Sesame <br> Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Jacket Potato Cheese and Beans |  |  |  |  |  | Yes |  |  | May Contain | May Contain |  |  |  |
| Cheese Quiche | Yes | Yes |  |  |  | Yes |  | Yes | May Contain | May Contain |  |  | Yes |
| Quorn Roast |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Cheese Omelette |  |  |  |  | Yes | Yes |  |  | May Contain | May Contain |  |  |  |
| Quorn dipper |  | Yes |  |  | Yes |  |  |  | May Contain | May Contain |  |  |  |
| Quorn <br> Sausage |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Tomato Pasta | Yes | Yes |  |  |  | Yes |  |  | May Contain | May Contain |  |  |  |
| Quorn Tikka |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain |  |  |  |
| Vegetable Fingers |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |

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## Meal Allergy Content

| Blue Dishes | Celery | Cereals containing Gluten** | Crustaceans | Fish | Eggs | Milk | Mollusc | Mustard | Nuts* | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Egg Mayo Roll |  | Yes |  |  | Yes |  |  |  | May Contain | May Contain | May Contain | Yes |  |
| Tuna Mayo Sandwich |  | Yes |  | Yes | Yes |  |  |  | May Contain | May Contain | May Contain | Yes |  |
| Tomato and Basil Pasta |  | Yes |  |  |  | Yes |  |  | May Contain | May Contain |  |  |  |
| BBQ chicken Wrap | Yes | Yes |  |  | Yes | Yes |  | Yes | May Contain | May Contain |  |  |  |
| Ham Roll |  | Yes |  |  |  |  |  |  | May Contain | May Contain | May Contain | Yes | Yes |
| Cheese Roll |  | Yes |  |  |  | Yes |  |  | May Contain | May Contain | May Contain | Yes |  |
| Southern fried chicken wrap | Yes | Yes |  |  | Yes | Yes |  | Yes | May Contain | May Contain |  |  |  |
| Cheese and cucumber bagel |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain | May contain |  |  |
| Tuna mayo pasta |  | Yes |  | Yes | Yes |  |  | Yes | May Contain | May Contain |  |  |  |

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## Meal Allergy Content

| Side <br> Dishes | Celery | Cereals containing Gluten** | Crustaceans | Fish | Eggs | Milk | Mollusc | Mustard | Nuts* | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Garlic Bread |  | Yes |  |  |  | Yes |  |  | May Contain | May Contain |  | Yes |  |
| Diced Potatoes |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Yorkshire Pudding |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain |  |  |  |
| Gravy |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Stuffing |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Roast <br> Potatoes |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Potato wedges |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Spaghetti hoop |  | Yes |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| French Fries |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| New <br> Potatoes |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Basmati Rice |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Naan Bread |  | Yes |  |  |  |  |  |  |  |  |  |  |  |
| Curried Cauliflower | Yes |  |  |  |  | Yes |  | Yes |  |  |  |  |  |
| Potato Twist |  | Yes |  |  |  |  |  |  |  |  |  |  |  |

## Meal Allergy Content

| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Seasonal Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garden Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Dessert Dishes | Celery | Cereals containing Gluten** | Crustaceans | Fish | Eggs | Milk | Mollusc | Mustard | Nuts* | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit Jelly |  |  |  |  |  |  |  |  | May Contain | May Contain |  |  |  |
| Brownie |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain |  | Yes |  |
| Flapjack |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain |  | Yes |  |
| Frozen smoothie |  |  |  |  |  | Yes |  |  | May Contain | May Contain |  | May Contain |  |
| Cookie |  | Yes |  |  | Yes | Yes |  |  | May Contain | May Contain | May Contain | Yes |  |
| Yoghurt |  |  |  |  |  | Yes |  |  | May Contain | May Contain |  |  |  |

## Meal Allergy Content

| Cheese and Cracker | Yes | Yes | Yes | May Contain | May Contain | May contain | Yes |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sponge <br> Traybake | Yes | Yes | Yes | May Contain | May <br> Contain | May Contain | May Contain |  |
| Fruit sorbet |  |  | Yes |  |  |  |  |  |
| Swiss Roll | Yes | Yes | Yes | May Contain | May Contain | May contain | Yes |  |

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